





October 2018


Ewing School Preschool Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Whole Grain Cinnamon Bun Apple Slices Mixed Fruit Milk	2 Sausage Patty Whole Grain Biscuit 100% Fruit Juice Milk	3 Whole Grain Chocolate Chip Oatmeal Bar Medium Banana Milk	4 Whole Grain Blueberry Waffles SF Syrup Applesauce Milk	5 NO PRESCHOOL
8  NO SCHOOL	9 Whole Grain Cereal Apple Slices Milk	10 Egg Patty Whole Wheat Toast Peaches Milk	11 Whole Grain Cinnamon Bun Mixed Fruit Milk	12 Whole Grain Mini Pancakes SF Syrup Mandarin Oranges Milk
15 NO PRESCHOOL	16 Whole Grain French Toast SF Syrup Warm Cinnamon Apples Milk	17 Whole Grain Cereal Medium Banana Milk	18 Whole Wheat Banana Bread Mandarin Oranges Milk	19 Whole Grain Muffin Peaches Milk
22 NO PRESCHOOL	23 Sausage Patty Whole Grain Biscuit Tropical Fruit Milk	24 Whole Grain Chocolate Chip Oatmeal Bar Medium Banana Milk	25 Whole Grain Blueberry Waffles SF Syrup Applesauce Milk	26 W.G. Cereal Mandarin Oranges Milk
29 NO PRESCHOOL	30 Egg Patty Whole Wheat Toast Applesauce Milk	31 Whole Grain Cereal Medium Banana Milk		



Give your child a healthy start!

Mornings can be rushed, but it is important to make time for breakfast. Children can benefit from the School Breakfast Program! Studies show that school breakfast can raise test scores while improving classroom attentiveness and behavior. Make sure your kids start the school day with a healthy meal!



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY AND/OR WEATHER RELATED CLOSINGS